

Abstract

Title of the bachelor's thesis:

Structure of the sports performance in tennis singles

Aim of the bachelor's thesis:

The aim of this bachelor's thesis is to design a model of the structure of the sports performance in tennis singles to demonstrate the importance of particular factors, their inner structure and their mutual relations.

Methods used in the bachelor's thesis:

This bachelor's thesis has a theoretical character and it is based on domestic and foreign literature review. There was applied the method of content analysis of documents along with general research method, analysis – synthesis and inductive – deductive approach.

Achieved results:

The result represents a designed model of the structure of sports performance in tennis singles. Mutual relations among particular factors are implied in the model.

Key words:

Sports performance, somatic factors, conditioning, coordination abilities, technique, tactics, psychological factors